

# Benzodiazepines Conference 11 April 2025

TrePsy



Conference Hall, Severo Ochoa Building,  
Universidad Miguel Hernández, San Juan de  
Alicante, Alicante, Spain

## PROGRAMME

Welcome Reception 8:30 a.m. to 9:00 a.m.

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Opening Ceremony 9:00 a.m. - 9:30 a.m.

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Vicente Micol, Vice-Chancellor of International Relations,  
Universidad Miguel Hernández, Spain

Jan Rodríguez Parkitna, Coordinator TrePsy Project, Deputy  
Director for Research, Maj Institute of Pharmacology Polish  
Academy of Sciences, Krakow, Poland

Jorge Manzanares, Coordinator of the Spanish site of  
TrePsy Project, Full Professor of Pharmacology, Instituto de  
Neurociencias, Universidad Miguel Hernández, Spain

Session I: Pharmacology 9:30 a.m. - 10:30 a.m.

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**Speaker 1:** Rafael Maldonado, Full Professor of  
Pharmacology, Department of Medicine and Life Sciences,  
Neuropharmacology Laboratory Research Group,  
Universidad Pompeu Fabra, Barcelona, Spain

### Benzodiazepines pharmacology

**Speaker 2:** Jorge Manzanares, Coordinator of the Spanish  
site of TrePsy Project, Full Professor of Pharmacology,  
Instituto de Neurociencias, Universidad Miguel Hernández,  
Spain

### Clinical uses of benzodiazepines



TrePsy Towards new treatments of psychiatric disorders – a systems-oriented approach project has received funding from the European Union's Horizon Europe research and innovation programme under grant agreement no 101079256

Coffee Break

10:30 a.m. to 11:00 a.m.

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Session II: Epidemiology of  
benzodiazepine misuse

11:00 a.m. - 12:00 a.m.

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**Speaker 1: Rainer Spanagel**, Coordinator of the German site of TrePsy Project, Scientific Director, Institute Psychopharmacology, Central Institute of Mental Health (CIMH), Mannheim, Germany

**Prevalence and harms of benzodiazepines in Europe**

**Speaker 2: Joan Villalbi**, Delegate of the Spanish National Plan on Drugs, Spanish Ministry of Health, Spain

**The problem of benzodiazepines in Spain**

Session III: Molecular targets  
of benzodiazepines

12:00 p.m. - 13:00 p.m.

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**Speaker 1: María Salud García Gutiérrez**, Associate Professor of Pharmacology, Instituto de Neurociencias, Universidad Miguel Hernández, Spain

**GABAA subtypes receptor in the regulation of pharmacological actions of benzodiazepines**

**Speaker 2: Jorge Manzanares**, Coordinator of the Spanish site of TrePsy Project, Full Professor of Pharmacology, Instituto de Neurociencias, Universidad Miguel Hernández, Spain

**Cannabinoid mediated regulation of benzodiazepines**

Lunch Break

13:00 p.m. to 14:30 p.m.

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Session IV: Clinical  
management of  
benzodiazepines use  
disorder

14:30 p.m. - 15:30 p.m.

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**Speaker 1:** Sonia Álvarez Sesmero, Psychiatrist, Hospital 12 de Octubre, Madrid, Spain

**How to avoid abuse or dependence of benzodiazepines**

**Speaker 2:** Marta Marín Mayor, Psychiatrist, Hospital 12 de Octubre, Madrid, Spain

**Treatment of benzodiazepines dependence**

Session V: New targets or  
drugs to treat  
benzodiazepines use  
disorder

15:30 p.m. - 16:30 p.m.

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**Speaker 1:** Gonzalo Herradón Gil-Gallardo, Full Professor of Pharmacology, Universidad San Pablo CEU, Madrid, Spain

**Orexines and more**

**Speaker 2:** Francisco Navarrete Rueda, Associate Professor of Pharmacology, Instituto de Neurociencias, Universidad Miguel Hernández, Spain

**CBD-mediated regulation of benzodiazepines withdrawal**

Concluding Remarks

16:30 p.m. to 17:00 p.m.

**[REGISTRATION HERE](#)**

